

## Legion Run 3.0: New Locations, New Obstacles, More Fun.

Legion Run kicks off a third season with an ambitious schedule, new locations and **new mind-blowing obstacles**.

Following the successful 2015, this year the Legion expands to **new markets** reaching not only **Western Europe**, but also **Asia** and the **Middle East**. Paris, SMAD Cap Decouverte, Brittany, Lyon, Tel Aviv and Hong Kong are among the newly added locations. The team-oriented run will visit again Greece, Cyprus, Poland and Bulgaria. See the full list of locations [here](#).

This season Legion Run raises the bar with a more intense course, offering **less running** and **more obstacles** of mud, fire, ice and barbed wire.

Participants will be given the opportunity to challenge their physical and mental limits, and share epic moments with friends, co-workers or family. 90% of the obstacles have been changed. Several **brand new obstacles** will debut at the Cyprus event in April, including:

- **Nox Arca** - multilevel dark, hot and tight, tunnels with only one way out
- **Fenestra** - walls with windows to crawl through
- **Oculus** - five meter rope climb up a near vertical ladder, than 5 meters slide down a fireman's pole into a pit filled with mud and cold water
- **Optimus** - an epic 4 in 1 challenge that involves high walls, pipes on chains and moving ladders

Most of the existing obstacles have been upgraded too. To keep the beat up, this year there will be more music stations around the course, each with its own style and vibe.

*"We're excited to bring Legion Run into vibrant new markets. This year thousands will join us for the first time having the chance to play in the mud and experience one of the top five days in their life alongside with friends or coworkers. The new season will offer an up to 5km long party with less running, more obstacles and a memorable soundtrack,"* said Miglena Slavova, Marketing Manager at Legion Run.

For more information visit the Legion Run [website](#) or contact [info@legionrun.com](mailto:info@legionrun.com)

**ABOUT THE COMPANY:** Born just a few years ago, Legion Run is the fastest-growing obstacle course brand in Eastern and Central Europe. Nearly 40 000 people have already challenged themselves in Legion Run events and their number is constantly growing.